

# Learn to tie dye!

Create colourful tie-dyed clothes with items you might already have in your home.

## You will need:

- A choice of food colouring
- White wine vinegar
- String or rubber bands
- Empty plastic bottles
- Scissors
- Water
- Plastic bags or cling plm
- A large bowl (or you can use a bucket)
- An item you want to tie dye (for example, a vest or a pair of socks)

TAKES  
**60**  
MINUTES



**COMPANY SHOP**

## What to do:

### Step 1

Mix the water and white wine vinegar in a large bowl, just enough so you can submerge the item you're tie dyeing. Leave the item to soak for 30 minutes.



### Step 2

Wring out the item to remove the excess water. Make sure the item stays damp for the next step.



### Step 3

Pinch the material together in the centre and keep gathering the material around in a clockwise motion. Keep the material tight - it should start to look like a cinnamon roll. Tie the material up with the string to keep its shape.



### Step 4

Make a small hole in the bottle caps with scissors. Add at least 8-10 drops of food colouring to each bottle and fill up with 120ml of water. Squirt the bottles on to your item. Flip the item over to make sure the back has been pilled.



### Step 5

Wrap your item in a plastic bag overnight. The day after, remove from the bag and cut the strings then rinse the fabric under fresh, cool water. Hang the item to air dry.



Share and tell others about your tie dye!  
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